

## Styx Career Consult: Taking control of your career – What options do we have?

What	How	MILESTONE	Note
Reflection on wishes	Career MOT: Behavioural characteristics research with PPA (DISC model), Belbin team roles and LINC (research what interests you).	Can identify added value.	Can be perceived as confrontational.
	(De)motivational circumstances. Identifying energy givers and takers. Core values. Dreams.	Can identify rusk (reward) and banana peel.	Confusion.
Reflection on competences	360-degree feedback, core qualities, success factor analysis (according to STAR method).	Can name three best developed competencies.	Growing self-confidence.
Examining	Job market research: Where do I have a chance? What is the market asking for?	Can name appropriate/relevant job function(s).	Motivation increases.
Networking	Who can help me get relevant information? Executing plan of action. Ask smart questions and get referrals.	At least 10 relevant contacts to talk to.	Also, introductions to Styx network.
Profiling	Writing: Drawing up LinkedIn profile, distinctive curriculum vitae and original application letter.	Market-relevant LinkedIn profile and CV.	
	Oral: Training basic skills such as your one-minute story, asking (check/control) questions and dealing with resistances in the conversation.	Master your one-minute story.	"Winning mood".
Job Application training	Preparing and evaluating interviews. Vacancy/job offer analysis. Dealing with disappointments. Keeping faith.	Believing in what you want and are competent in/capable of.	Authenticity and self-confidence.
Aftercare	By common accord.		